Find solace and a support network.

**Student Grief and Loss Gathering**

**Thursday, April 23 from 4-5:30 p.m.**  
**Monday, May 4 from 1-2:30 p.m.**  
**Thursday, May 21 from 4-5:30 p.m.**  
**Zoom:** [https://stanford.zoom.us/j/173481504](https://stanford.zoom.us/j/173481504)

If you are currently or have ever experienced the death of a significant person in your life, or are experiencing feelings of grief in a time of uncertainty, this is an opportunity to share your experiences, suggestions, and concerns about the mourning process. We will also address loss in our everyday lives in this unprecedented time of uncertainty.

This event is free and open only to Stanford students.

**In this gathering, we will discuss such questions as:**  
How do I get through this?  
What kinds of support or resources are there for me at Stanford?  
What are my academic options?  
When will I feel like myself again?  
How do I talk about my loss with my peers? With my faculty?  
What are the pros and cons of taking a leave of absence?

Other questions and reflections welcome!