Peer Health Educator 2015-2016 Agreement

PHE Commitment as a Role Model: PHEs have a public life and serve as role models of healthy living. By accepting this position, you commit to model a well-balanced, healthy lifestyle. You specifically agree to:

- Abide by the Fundamental Standard, Honor Code and University policies such as the Policy on Controlled Substances and Alcohol, the policy on Sexual Harassment and Sexual Assault, and all other Stanford and Residential Education policies that govern student life.
- If you choose to drink alcohol, drink lightly and responsibly at all times
- Never drink with frosh or provide alcohol to underage students
- Use no tobacco products
- Use no illegal drugs
- Adhere to balanced, healthy eating and exercise plans
- Practice and model personal mental health and stress management strategies
- Check e-mail daily for HPS communications and respond or forward in a prompt fashion

Roles and Responsibilities as a Health Educator:

- Take a very active role in dorm/community life including eating most meals with your residents and hanging out in your house.
- Coordinate at least 2-3 health-related programs per quarter
- For houses with freshmen: You must provide at least one alcohol education and sexual assault prevention education program during fall quarter
- Offer paraprofessional clinical services, such as on-site cold and flu “clinics” and basic CPR/First Aid dorm awareness sessions
- For all houses: You must provide at least one sexual assault education program during the year
- Educate and advise residents on relevant health topics via bi-quarterly bulletin boards and weekly “Health Tips” flyers, possibly via I Thrive social media channels
- Attend the PHE retreat TBD (most likely early-mid April)
- Attend all of PHE Fall Training including your specific house retreat
- Play a leadership role in New Student Orientation, including all assigned The Real World activities
- Attend and promote all major campus health events (we’ll let you know via email and meetings)
- Act as your house’s point person for Infectious Disease Reporting

Roles and Responsibilities as a House Staff Member:

- Work closely with RFs and RAs to assess the health needs and interests of residents
- Do not engage in romantic or sexual relationships with any freshmen living in your residence for the duration of your appointment as a Peer Health Educator
- Be accessible and available to your residents
- Fully participate in dorm/community life including eating meals and hanging out in your house

Roles and Responsibilities as a Health Advisor and Coach:

- Act as peer health advisors/coach to residents and staff (1-on-1 conversations, group discussions, and campus resource referrals)
- Inform and consult with Carole/Colin about sensitive issues/critical incidents (student crises, staff tensions, etc.)
- Consult with Colin about programming and health advising and coaching issues
Roles and Responsibilities as a PHE Team Member:
- Actively promote I Thrive social media (SH101, Facebook)
- Attend PHE meetings as they are scheduled throughout the year
- Serve as the link between your residents and Vaden Health Center

Confidentiality:
- If asked to maintain strict confidentiality by another student, I will clearly communicate that I will protect students’ confidentiality to the greatest extent possible. I understand that I will maintain confidentiality regarding disclosures of student information to the greatest extent possible. I understand that, due to issues that involve serious threat or harm, I cannot guarantee students’ complete confidentiality.
- I will immediately inform Carole/Colin regarding any critical dorm incidents.

By signing this agreement, I am committing to the roles and responsibilities of the PHE position, as outlined above. I understand and acknowledge that failure to abide by these terms may result in termination from the PHE program.

Print Name: ______________________ Signature: ______________________ Date: ________________