Training Expectations
I understand that all staff training is mandatory and agree to attend and participate in all scheduled training in its entirety, and that I must return to campus on the dates specified by the department. I will also attend all training during the academic year.

Spring Training:
- In Spring Quarter 2019, all PHEs are expected to enroll in and pass PEDS 105: Health Promotion and Campus Culture.

Autumn Training:
- Thursday, August 29, 2019: PHEs in RF houses may move into their Autumn residence
- Sunday, September 1, 2019: PHEs in Row houses may return to campus and move into temporary Row housing until Sunday September 8
- Monday, September 2, 2019: All PHEs are expected to report for training at 9 a.m.

Ongoing Training:
- PHEs will be convened for further training and meetings throughout the year (~4x/quarter). All PHEs are required to attend these sessions.

PHE Commitment as a Role Model
PHEs have a public life and serve as wellness coaches and role models for thriving in college. By accepting this position, you commit to model a balanced, healthy lifestyle in which the wellness and self-care are core values.
You specifically agree to:
- Abide by the Fundamental Standard, Honor Code and University policies such as the Policy on Controlled Substances and Alcohol, the policy on Sexual Harassment and Sexual Assault, and all other Stanford and Residential Education policies that govern student life.
- If you choose to drink alcohol, drink lightly and responsibly at all times
- Never drink with frosh or provide alcohol to underage students
- Use no tobacco products
- Use no illegal drugs
- Practice and model personal mental health and stress management strategies

Roles and Responsibilities as a Health Educator
- Implement a minimum of 3 wellness programs each quarter
- Offer paraclinical first aid and medical resource referrals to residents as needed
- Educate and advise residents on relevant health topics via PHE boards, house meeting health tips, and other effective modes of education
- Play a leadership role in New Student Orientation, including facilitating post-program discussion sof Faces, Beyond SexEd, and The Real World.
PHE Agreement Addendum 2019-2020

- Attend and promote all major campus health events
- Check email/GroupMe daily for iThrive communications and respond or forward in a prompt fashion

Roles and Responsibilities as a House Staff Member
- Work closely with RFs and peer staff members to assess the health needs and interests of residents
- Maintain an active leadership role in community life including eating most meals with your residents and spending leisure time in your house.
- Monitor illness in your residences and refer students to the Outbreak Prevention Portal when needed

Roles and Responsibilities as a Health Advisor and Coach
- Act as your house’s wellness coach to residents and staff
- Inform and consult with Colin/Carole about sensitive issues/critical incidents
- Consult with Colin about programming and health advising and coaching issues

Roles and Responsibilities as a PHE Team Member
- Actively promote I Thrive social media (SH101, Facebook)
- Attend PHE meetings and continuing education as they are scheduled throughout the year
- Serve as your house’s liaison to Vaden Health Center

Confidentiality
- If asked to maintain strict confidentiality by another student, I will clearly communicate that I will protect students’ confidentiality to the greatest extent possible. I understand that I will maintain confidentiality regarding disclosures of student information to the greatest extent possible. I understand that, due to issues that involve serious threat or harm, I cannot guarantee students’ complete confidentiality.